

Parish Office: Dún na Rí, Shannon. Tel 061 364133/Fax 061 364516

Office hours: Tuesdays & Wednesdays 9.30am-5.30pm (lunch hour 12.30pm-1.30pm), Thursdays 9am-1pm

Fáilte - Welcome - Witamy - Bienvenue - Willkommen - Benvenuto - Bienvenido - Witajcie - Bemvindo - Welkom - Velkomin - Vitejte - Croeso - Valkommen - Tervetuloa - Ibiana

Sunday Masses: 8.45 at Airport Oratory 9am, 11am at Mary Immaculate Church 10am, 12.15pm at SS John & Paul Church

Weekday Masses: 9.30am at Mary Immaculate 10am at Skycourt Adoration Chapel 7pm at SS John & Paul Saturday 12 noon at Mary Immaculate, 6.30pm at SS John & Paul

Sunday 10th January 2010

Feast of The Baptism of Our Lord

Last Sunday's Offering: €2,539
Adoration Chapel Appeal: €400
Goradiche Orphanage: €110

Sympathy

Our prayers and sympathy go to Peggy Kelly, Fergus Road, on the death of her brother P.J. Maher, Limerick. To the family of Deirdre O'Toole, Corrib Drive, who was buried on Friday. To Jimmy Doyle, 31 Ballycasey more, on the death of his father, Paddy Doyle, Mallow.

Blessing of Babies



This Sunday afternoon, all 150 babies baptised in our Parish in 2009 are invited to SS John & Paul Church for their Blessing for their first year of life. The Ceremony begins at 3pm. All are welcome.



Wedding Congratulations

To Gareth Burke, 29 Lisin and Ryah Camponollo Napier, New Zealand, who were married in New Zealand on Saturday.

Mass of All Nations



On this Sunday at the 10am Mass, we welcome Parishioners who have come from different countries to live in Shannon to celebrate our Mass of All Nations. We thank God for the rich cultures and traditions which so many Parishioners bring to our Parish.

New Year - New Beginning

Programme on the theme Spirituality and Meaning to Life
Sixmilebridge Parish Church

Jan 14th, Jan 21st, Jan 28th at 8pm.

Thurs Jan 14th: Recovery from addiction through Spirituality. Speaker will be Billy Fox. Thurs Jan 21st: Spirituality in our Lives. Speaker will be Michael Rogers, Glendalough. Thurs Jan 28th: Spirituality through Music. Celtic Tenors. All welcome.

St. Senan's Social Club

Set dancing classes will resume on Tuesday 12th January at Davy's Bellsfort Inn. 8.30pm-9.30pm for beginners. 9.30am to 11pm for all set dancers. Teacher Mike Mahony. Enjoyable night assured.

The Alzheimer Society Annual Burren Walk which was to be held in Fanore on Sunday 3rd January has been postponed until Sunday 14th February 2010. Further details from Ann Beddar at 065 6868621.

Human Potential



Optimism and Humour are the "Glue and Grease of Life". Optimism is the glue because it unites us with people as we walk together to accomplish our goals. Humour greases up the tough times so we can slide through being tired or sick or disappointed.

Give yourself permission to laugh. Nothing increases our bounce factor faster than learning to use humour productively. Humour acts as a buffer against stress, wards off depression and contributes to good health.

Laughing boosts the body's immune system, invigorates the white blood cells and provides more oxygen to red cells, discourages pulmonary bacterial growth, exercises the heart and many muscle groups, increases alertness and personal interaction. Have a good laugh ... it will do you good!



Recent Baptisms

We welcome into God's Family and our Christian Community the following who were Baptised recently:

Jennifer Vanessa Kasak
Sophia May Behan
Keera Mae Halpin



Another Beginning 2010AD

The following restructuring of St. Francis's "Peace Prayer" may provide a challenge for us in the coming year.

Lord, make me a channel of your disturbance:

where there is apathy, let me provoke;
where there is compliance, let me bring questioning;
where there is silence, may I be a strong voice;
where there is too much comfort and too little action, grant disruption;
where there are doors closed and hearts locked, grant me willingness to listen;
where law dictates and pain is overlooked, where tradition speaks louder than need;
when we refuse to take control of our own lives our own Church, our own poor,
disturb us, O Lord, teach us to be radical.

Grant that I may seek to do justice rather than to talk about it;
to be with, as well as to be for the poor;
to love the unlovable as well as the lovely;
to touch the passions of Jesus in the pain of those we meet;
to accept responsibility to be church.
Lord, make me a channel of your disturbance!

May each of us be a holy rabble-rouser for peace, justice and hope in 2010!